

Symphonic Warm-Ups

Long Tones 1

11

Long Tones 2

21

30

Long Tones 3

(Low)

38

45

Flexibility 1

52

G# = Ab

61

F# = Gb

Flexibility 2

69

T → T → T →

75

Flexibility ³ Flute

78

opt. 8va

Musical staff 78-83: Treble clef, key signature of one flat (Bb). Measures 78-83 contain a series of eighth-note runs with various accidentals (sharps and flats) and slurs. Measure 83 ends with a fermata.

84

opt. 8va

Musical staff 84-88: Treble clef, key signature of one flat. Measures 84-88 continue the eighth-note runs with slurs and accidentals. Measure 88 ends with a fermata.

89

opt. 8va

Musical staff 89-92: Treble clef, key signature of one flat. Measures 89-92 continue the eighth-note runs with slurs and accidentals. Measure 92 ends with a fermata.

93

Articulation 1 (on scale)

Musical staff 93-97: Treble clef, key signature of one flat. Measures 93-97 show a scale-like eighth-note run with slurs and a fermata in measure 97.

98

Articulation 2 (on scale) Articulation 3

Musical staff 98-102: Treble clef, key signature of one flat. Measures 98-102 show a scale-like eighth-note run with slurs and a fermata in measure 102. Measure 102 includes four groups of triplets.

103

Art. Exercise

Musical staff 103-109: Treble clef, key signature of one flat. Measures 103-109 feature a series of eighth-note runs with slurs and accents, including a triplet in measure 109.

110

Chorale 1 ♩ = 72

Musical staff 110-118: Treble clef, key signature of one flat, 3/4 time signature. Measures 110-118 contain a chorale melody with slurs and accents.

119

Chorale 2

Musical staff 119-127: Treble clef, key signature of one flat, 4/4 time signature. Measures 119-127 contain a chorale melody with slurs and accents.

128

Chorale 3

Musical staff 128-134: Treble clef, key signature of one flat, 4/4 time signature. Measures 128-134 contain a chorale melody with slurs and accents.

135

Musical staff 135-141: Treble clef, key signature of one flat, 4/4 time signature. Measures 135-141 contain a chorale melody with slurs and accents.

Oboe

Symphonic Warm-Ups

John McAllister

Long Tones 1

11

Long Tones 2

21

Long Tones 3 (Low)

33

42

Flexibility 1

52

Oboe
Flexibility 3

78

opt. 8va

83

opt. 8va

89

opt. 8va

93

96

Articulation 1 (on scale)

Articulation 2 (on scale)

100

Articulation 3

3 3 3 3

105

Art. Exercise

112

Chorale 1 ♩ = 72

121

Chorale 2

129

Chorale 3

136

Symphonic Warm-Ups

Long Tones 1

11

Long Tones 2

21

Long Tones 3 (Low)

33

43

Flexibility 1

52

G# = Ab

61

F# = Gb

Flexibility 2

69

T → T → T

75

Bassoon
Flexibility 3

78

83

opt. 8va *opt. 8va*

89

opt. 8va

93

96

Articulation 1
(on scale)

Articulation 2
(on scale)

100

Articulation 3

105

Art. Exercise

112

Chorale 1 ♩ = 72

121

Chorale 2

129

Chorale 3

135

Symphonic Warm-Ups

Clarinet in B \flat

John McAllister

Long Tones 1



11



Long Tones 2

21

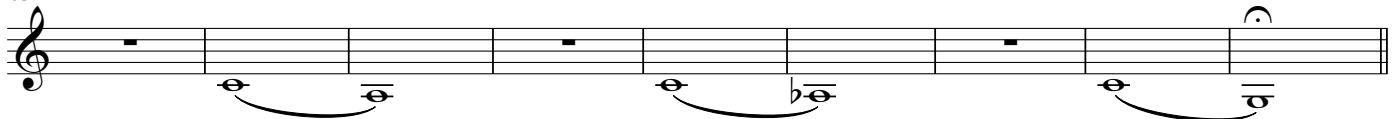


Long Tones 3 (Low)

33



43



Flexibility 1

52



61



Flexibility 2

69



75



Clarinets in B \flat
Flexibility 3

78

opt. 8va

83

opt. 8va

88

opt. 8va

92

96

Articulation 1
(on scale)

Articulation 2
(on scale)

100

Articulation 3

105

Art. Exercise

112

Chorale 1 ♩ = 72

121

Chorale 2

129

Chorale 3

136

Symphonic Warm-Ups

John McAllister

Long Tones 1

Musical notation for Long Tones 1, measures 1-10 and 11-20. The piece is in 4/4 time. Measures 1-10 show a sequence of notes: G \flat (half), A \flat (quarter), B \flat (quarter), C \flat (quarter), D \flat (quarter), E \flat (quarter), F \flat (quarter), G \flat (quarter), A \flat (quarter), B \flat (quarter). Measures 11-20 continue the sequence: C \flat (half), D \flat (quarter), E \flat (quarter), F \flat (quarter), G \flat (quarter), A \flat (quarter), B \flat (quarter), C \flat (quarter), D \flat (quarter), E \flat (quarter).

Long Tones 2

Musical notation for Long Tones 2, measures 21-32. The piece is in 4/4 time. Measures 21-32 show a sequence of notes: G \flat (half), A \flat (quarter), B \flat (quarter), C \flat (quarter), D \flat (quarter), E \flat (quarter), F \flat (quarter), G \flat (quarter), A \flat (quarter), B \flat (quarter).

Long Tones 3 (Low)

Musical notation for Long Tones 3 (Low), measures 33-42 and 43-51. The piece is in 4/4 time. Measures 33-42 show a sequence of notes: G \flat (half), A \flat (quarter), B \flat (quarter), C \flat (quarter), D \flat (quarter), E \flat (quarter), F \flat (quarter), G \flat (quarter), A \flat (quarter), B \flat (quarter). Measures 43-51 continue the sequence: C \flat (half), D \flat (quarter), E \flat (quarter), F \flat (quarter), G \flat (quarter), A \flat (quarter), B \flat (quarter), C \flat (quarter), D \flat (quarter), E \flat (quarter).

Flexibility 1

Musical notation for Flexibility 1, measures 52-60. The piece is in 4/4 time. Measures 52-60 show a sequence of notes: G \flat (half), A \flat (quarter), B \flat (quarter), C \flat (quarter), D \flat (quarter), E \flat (quarter), F \flat (quarter), G \flat (quarter), A \flat (quarter), B \flat (quarter). Below the staff, the text reads: $F\# = G\flat$ and $B\flat = A\#$.

Flexibility 2

Musical notation for Flexibility 2, measures 61-68 and 69-74. The piece is in 4/4 time. Measures 61-68 show a sequence of notes: G \flat (half), A \flat (quarter), B \flat (quarter), C \flat (quarter), D \flat (quarter), E \flat (quarter), F \flat (quarter), G \flat (quarter), A \flat (quarter), B \flat (quarter). Below the staff, the text reads: $G\# = A\flat$ and $D\# = E\flat$. Measures 69-74 show a sequence of notes: G \flat (half), A \flat (quarter), B \flat (quarter), C \flat (quarter), D \flat (quarter), E \flat (quarter), F \flat (quarter), G \flat (quarter), A \flat (quarter), B \flat (quarter). Below the staff, the text reads: T → T → T →.

Musical notation for Flexibility 2, measures 75-84. The piece is in 4/4 time. Measures 75-84 show a sequence of notes: G \flat (half), A \flat (quarter), B \flat (quarter), C \flat (quarter), D \flat (quarter), E \flat (quarter), F \flat (quarter), G \flat (quarter), A \flat (quarter), B \flat (quarter).

Bass Clarinet in B \flat
Flexibility 3

78

opt. 8va

Musical staff 78-82: Treble clef, key signature of one flat. Measures 78-82 contain a melodic line with slurs and ties. An instruction 'opt. 8va' is written below the staff.

83

opt. 8va

Musical staff 83-87: Treble clef, key signature of one flat. Measures 83-87 contain a melodic line with slurs and ties. An instruction 'opt. 8va' is written below the staff.

88

opt. 8va

Musical staff 88-91: Treble clef, key signature of one flat. Measures 88-91 contain a melodic line with slurs and ties. An instruction 'opt. 8va' is written below the staff.

92

Musical staff 92-95: Treble clef, key signature of one flat. Measures 92-95 contain a melodic line with slurs and ties.

96

Articulation 1 (on scale)

Articulation 2 (on scale)

Musical staff 96-99: Treble clef, key signature of one flat. Measures 96-99 contain a scale exercise with articulation marks. The first two measures are labeled 'Articulation 1 (on scale)' and the last two 'Articulation 2 (on scale)'.

100

Articulation 3

Musical staff 100-104: Treble clef, key signature of one flat. Measures 100-104 contain a scale exercise with articulation marks and triplets. The first two measures are labeled 'Articulation 3'.

105

Art. Exercise

Musical staff 105-111: Treble clef, key signature of one flat. Measures 105-111 contain an articulation exercise with slurs and accents.

112

Chorale 1 $\text{♩} = 72$

Musical staff 112-120: Treble clef, key signature of one flat. Measures 112-120 contain a chorale exercise in 3/4 time, marked with a tempo of quarter note = 72. The key signature changes to two sharps at the end.

121

Chorale 2

Musical staff 121-129: Treble clef, key signature of two sharps. Measures 121-129 contain a chorale exercise in 4/4 time.

130

Chorale 3

Musical staff 130-135: Treble clef, key signature of two sharps. Measures 130-135 contain a chorale exercise in 4/4 time.

136

Musical staff 136-140: Treble clef, key signature of two sharps. Measures 136-140 contain a chorale exercise in 4/4 time.

Symphonic Warm-Ups

Long Tones 1

11

Long Tones 2

21

Long Tones 3 (Low)

33

42

Flexibility 1

52

61

Flexibility 2

69

74

Symphonic Warm-Ups

Long Tones 1

11

Long Tones 2

21

Long Tones 3 (Low)

33

43

Flexibility 1

52

61

G# = Ab

Flexibility 2

69

T → T → T →

75

Tenor Saxophone
Flexibility 3

78

83

opt. 8va

89

opt. 8va

93

96

Articulation 1
(on scale)

Articulation 2
(on scale)

100

Articulation 3

105

Art. Exercise

112

Chorale 1 ♩ = 72

121

Chorale 2

130

Chorale 3

136

Symphonic Warm-Ups

Long Tones 1

11

Long Tones 2

21

Long Tones 3 (Low)

33

42

Flexibility 1

52

61

D# = Eb

Flexibility 2

69

T → T → T

74

Baritone Saxophone
Flexibility 3

78

83

opt. 8va *opt. 8va*

89

opt. 8va

93

96

Articulation 1
(on scale)

Articulation 2
(on scale)

100

Articulation 3

105

Art. Exercise

112

Chorale 1 ♩ = 72

121

Chorale 2

130

Chorale 3

136

Symphonic Warm-Ups

Trumpet in B \flat

John McAllister

Long Tones 1



11



Long Tones 2

21

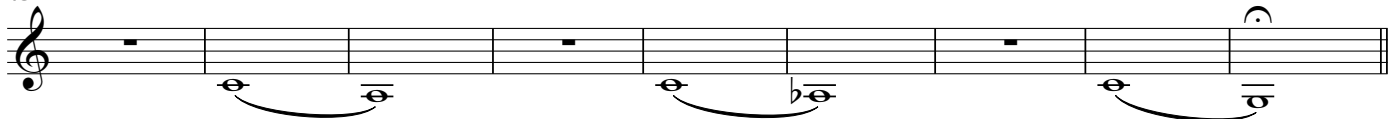


Long Tones 3 (Low)

33



43



Flexibility 1

52



61



Flexibility 2

69



*DO NOT
TONGUE!*

73



Trumpet in Bb
Flexibility 3

78

Musical staff 78-84: Treble clef, 4/4 time. Measures 78-84. Includes a slur over measures 78-81 and another slur over measures 82-84.

85

Musical staff 85-91: Treble clef, 4/4 time. Measures 85-91. Includes slurs over measures 85-88 and 89-91.

92

Musical staff 92-95: Treble clef, 4/4 time. Measures 92-95. Includes slurs over measures 92-94 and 95.

96

Articulation 1 (on scale) Articulation 2 (on scale)

Musical staff 96-99: Treble clef, 4/4 time. Measures 96-99. Articulation 1 covers measures 96-98, and Articulation 2 covers measures 99-100.

100

Articulation 3

Musical staff 100-104: Treble clef, 4/4 time. Measures 100-104. Articulation 3 covers measures 100-104, featuring triplets in measures 102-104.

105

Art. Exercise

Musical staff 105-111: Treble clef, 4/4 time. Measures 105-111. Articulation Exercise covers measures 105-111, including accents in measures 110-111.

112

Chorale 1 ♩ = 72

Musical staff 112-120: Treble clef, 3/4 time. Measures 112-120. Chorale 1 covers measures 112-120.

121

Chorale 2

Musical staff 121-128: Treble clef, 4/4 time. Measures 121-128. Chorale 2 covers measures 121-128.

129

Chorale 3

Musical staff 129-135: Treble clef, 4/4 time. Measures 129-135. Chorale 3 covers measures 129-135.

136

Musical staff 136-142: Treble clef, 4/4 time. Measures 136-142. Continuation of Chorale 3.

Flexibility ^{Horn in F} 3

78

Musical staff 78-84: Treble clef, 4/4 time. Measures 78-84. Includes slurs and a repeat sign.

85

Musical staff 85-91: Treble clef, 4/4 time. Measures 85-91. Includes slurs and a repeat sign.

92

Musical staff 92-95: Treble clef, 4/4 time. Measures 92-95. Includes slurs and a repeat sign.

96

Articulation 1 (on scale)

Articulation 2 (on scale)

Musical staff 96-99: Treble clef, 4/4 time. Measures 96-99. Shows articulation exercises with slurs and rests.

100

Articulation 3

Musical staff 100-104: Treble clef, 4/4 time. Measures 100-104. Includes slurs and triplet markings (3).

105

Art. Exercise

Musical staff 105-111: Treble clef, 4/4 time. Measures 105-111. Includes slurs and accents.

112

Chorale 1 ♩ = 72

Musical staff 112-120: Treble clef, 3/4 time. Measures 112-120. Includes slurs and a key signature change to B-flat.

121

Chorale 2

Musical staff 121-128: Treble clef, 4/4 time. Measures 121-128. Includes slurs and a key signature change to D major.

129

Chorale 3

Musical staff 129-135: Treble clef, 4/4 time. Measures 129-135. Includes slurs and a key signature change to B-flat.

136

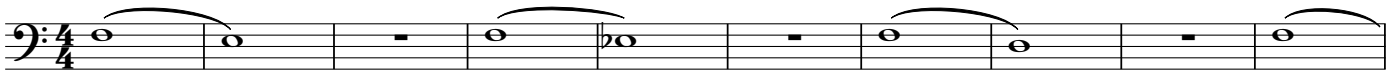
Musical staff 136-142: Treble clef, 4/4 time. Measures 136-142. Includes slurs and a key signature change to B-flat.

Trombone

Symphonic Warm-Ups

John McAllister

Long Tones 1



11



Long Tones 2

21



Long Tones 3 (Low)

33



43



Flexibility 1

52



61



Flexibility 2

69



*DO NOT
TONGUE!*

73



Trombone
Flexibility 3

78

85

92

96

Articulation 1 (on scale) Articulation 2 (on scale)

100

Articulation 3

105

Art. Exercise

112

Chorale 1 ♩ = 72

121

Chorale 2

129

Chorale 3

135

Trombone

Symphonic Warm-Ups

John McAllister

Long Tones 1

Musical staff for Long Tones 1, measures 1-10. The staff is in bass clef with a 4/4 time signature. It contains ten measures of music, each featuring a single half note with a slur above it, alternating between the notes G2, F2, E2, and D2.

11

Musical staff for Long Tones 1, measures 11-20. The staff is in bass clef. It contains ten measures of music, each featuring a single half note with a slur above it, alternating between the notes C2, B1, A1, and G1.

Long Tones 2

21

Musical staff for Long Tones 2, measures 21-30. The staff is in bass clef. It contains ten measures of music, each featuring a single half note with a slur above it, alternating between the notes F2, E2, D2, and C2.

Long Tones 3 (Low)

33

Musical staff for Long Tones 3 (Low), measures 33-42. The staff is in bass clef. It contains ten measures of music, each featuring a single half note with a slur above it, alternating between the notes B1, A1, G1, and F1.

43

Musical staff for Long Tones 3 (Low), measures 43-52. The staff is in bass clef. It contains ten measures of music, each featuring a single half note with a slur above it, alternating between the notes E1, D1, C1, and B0.

Flexibility 1

52

Musical staff for Flexibility 1, measures 52-60. The staff is in bass clef. It contains nine measures of music, each featuring a quarter note with a slur above it, alternating between the notes G2, F2, E2, and D2.

61

Musical staff for Flexibility 1, measures 61-70. The staff is in bass clef. It contains ten measures of music, each featuring a quarter note with a slur above it, alternating between the notes C2, B1, A1, and G1.

Flexibility 2

69

Musical staff for Flexibility 2, measures 69-72. The staff is in bass clef. It contains four measures of music, each featuring a quarter note with a slur above it, alternating between the notes G2, F2, E2, and D2.

*DO NOT
TONGUE!*

73

Musical staff for Flexibility 2, measures 73-76. The staff is in bass clef. It contains four measures of music, each featuring a quarter note with a slur above it, alternating between the notes C2, B1, A1, and G1.

Trombone
Flexibility 3

78

85

92

96

Articulation 1 (on scale) Articulation 2 (on scale)

100

Articulation 3

105

Art. Exercise

112

Chorale 1 ♩ = 72

121

Chorale 2

129

Chorale 3

135

Tuba

Symphonic Warm-Ups

John McAllister

Long Tones 1

Measures 1-10: G2, F2, E2, D2, C2, B1, A1, G1, F1, E1.

11

Measures 11-20: D1, C1, B0, A0, G0, F0, E0, D0, C0, B0.

Long Tones 2

21

Measures 21-32: G2, F2, E2, D2, C2, B1, A1, G1, F1, E1.

Long Tones 3 (Low)

33

Measures 33-42: G2, F2, E2, D2, C2, B1, A1, G1, F1, E1.

43

Measures 43-52: D1, C1, B0, A0, G0, F0, E0, D0, C0, B0.

Flexibility 1

52

Measures 52-60: G2, F2, E2, D2, C2, B1, A1, G1, F1, E1.

61

Measures 61-68: D1, C1, B0, A0, G0, F0, E0, D0, C0, B0.

Flexibility 2

69

Measures 69-74: G2, F2, E2, D2, C2, B1, A1, G1, F1, E1.

DO NOT
TONGUE!

75

Measures 75-84: D1, C1, B0, A0, G0, F0, E0, D0, C0, B0.

Flexibility 3 Tuba

78

85

92

Articulation 1
(on scale)

Articulation 2
(on scale)

96

Articulation 3

100

Art. Exercise

105

Chorale 1 ♩ = 72

112

Chorale 2

121

Chorale 3

130

136

Symphonic Warm-Ups

John McAllister

Long Tones 1

Paradiddles

6

12

Long Tones 2

Double Bounce Studies

18

24 *RR L R L RR L R LLL R L R LL R L R* *RR L - etc.* *LL R - etc.*

29 *R LL - etc.* *L RR - etc.*

33 *R R L RLR Lsim. L L L R RLL R Rsim.* **2**

Symphonic Warm-Ups

Marimba

John McAllister

Long Tones 1

Long Tones 2

Long Tones 3

(Low)

Flexibility 1

65

Flexibility 2

69

75

Flexibility 3

80

opt. 8va *opt. 8va*

85

opt. 8va

90

opt. 8va

**Articulation 1
(on scale)**

**Articulation 2
(on scale)**

96

opt. 8va

Articulation 3

100

Art. Exercise

105

Chorale 1 ♩ = 72

112

Chorale 2

121

Chorale 3

129

Marimba

136



Symphonic Warm-Ups

John McAllister

Long Tones 1

4/4
|| ||

8
|| ||

15
|| ||

Long Tones 2

21
|| ||

27
|| ||

32
|| || **2** ||

Long Tones 3

38
(Low)
|| ||

44
|| ||

Flexibility 1

50
|| ||

56
|| ||

63
|| ||

Flexibility 2

69

75

Flexibility 3

80

86

91

**Articulation 1
(on scale)**

96

**Articulation 2
(on scale)**

Articulation 3

100

Art. Exercise

105

Chorale 1 ♩ = 72

112

Chorale 2

121

Chorale 3

131